



中心：\_\_\_\_\_

姓名：\_\_\_\_\_

### 1141027 高中職生英翻中短文翻譯題目

Billy is one of my classmates in junior high school. Three years ago, he was very heavy, but he looks wonderful now. Here is his story about how he lost weight. Billy ate a lot of snacks and fast food in his elementary school days. Besides, he did not do much exercise. So he kept putting on weight. He became so heavy that one day he broke the chair he was sitting on when he was in class. After this experience, Billy decided to lose some kilograms. First, he went to see a doctor and was asked to avoid fast food. Also, the doctor said he should start exercising. Billy followed the doctor's advice: he stayed away from fast food and snacks for one year, and most important of all, he jogged every day. That is how Billy lost 20 kilos before he entered junior high school.

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### 1141027 高中職生英翻中短文翻譯參考答案

**Billy**是我國中同學的其中一位。三年前他很重，但他現在看起來很好。以下是關於他如何減重的故事。**Billy**在國小的時候，吃了很多點心和速食。而且，他沒有做很多運動。所以他一直在增加體重。他變得很重，以致於有一天他在教室裡把他坐的椅子坐壞了。這次經驗之後，**Billy**決定減重。首先，他去看醫生，然後醫生要求他避免吃速食。醫生也說他應該要開始運動。**Billy**照著醫生的建議做：他遠離速食和點心有一年了，最重要的是，他每天慢跑。這就是**Billy**在進國中之前怎麼減了20公斤的方法。