

英文檢定 第七級寫作卷

姓名：_____

分數：_____

一、短文翻譯(翻譯完整程度達 80%即為通過,但發生嚴重且基本的文法錯誤,整張試卷即不及格)

規律地刷牙將會幫助你保有健康的微笑。但這笑容將無法持續太久，如果你沒有妥善地照顧你的牙刷並經常替換牙刷。根據科學家的研究，牙刷會堆積細菌。這些微生物來自於嘴巴，且會隨著時間累積在牙刷上。

科學家建議每三到四個月要使用新的牙刷。孩子們的牙刷需要經常替換。在使用後要用自來水徹底的清洗，確保移除任何的牙膏和食物碎屑。最重要的是，不要分享牙刷。

Brushing your teeth regularly will help you keep a healthy smile. But that smile won't last long if
you don't take care of your toothbrush properly and switch to a new one often. According to the
scientists' research, toothbrushes can harbor bacteria. These germs come from the mouth and will
accumulate in toothbrush over time. Scientists recommend using a new toothbrush every three or
four months. Children's toothbrushes need to be changed more frequently. Rinse(Wash) your
toothbrush thoroughly with tap water after use, and make sure to remove any toothpaste and food
debris. Most importantly, do not share toothbrushes.

我們怎麼度過我們的一生是無法想像的。當你到 78 歲時候，根據一些計算結果，你會花 9 年的時間看電視，4 年開車，92 天在上廁所。活到 78 歲時，你可能會花了將近 25 年的時間在睡覺上。你是否曾經想過我們可以醒著多久？如果都沒有睡覺會有甚麼後果？如果我們熬夜很多天，到最後，我們會覺得頭暈目眩。我們會情緒化，而且容易有幻覺。

How we spend our lives is unimaginable. When you reach 78 years old and according to some calculations, you will have spent nine of those years watching television, four years driving a car, 92 days on the toilet. Live to 78, and you may have spent around 25 years sleeping. Have you ever thought that how long we can stay awake? What are the consequences without sleeping? If we stay up many days, we will feel dizzy. We get moody, and get an illusion easily.
