

中心：_____

姓名：_____

1111017 大專院校畢業生 中翻英短文翻譯 題目

關於子彈筆記術(bullet journaling)很棒的一點是他不需要很費工。一旦你建好基本架構，寫下任務、想法和感受可以很快甚至是很享受。要開始作子彈筆記，你需要一本筆記本和一枝筆。然後遵循這些簡單的步驟：

1. 製作索引頁(Index Page)

索引類似一本書的目錄，因為它可以作為你在子彈筆記中尋找特定章節的參考。索引不是不能更改的；在往下寫時你可以隨時更新。

目錄 table of contents

章節 section

任務 task

不能更改的 written in stone

更新 update

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A great thing about bullet journaling is that it doesn't require much effort. Once you've established the basic structure, writing down tasks, ideas, and feelings can be fast and even enjoyable. To start a bullet journal, you'll need a notebook and a pen. Then follow these easy steps:

1. Create an Index Page

The index is similar to a book's table of contents, as it will serve as your references for finding specific sections in your bullet journal. The index isn't written in stone; you can update it as you go.