

中心：_____

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1100906 大專院校畢業生 中翻英短文翻譯 題目

定期刷牙可以幫助你維持一個健康笑容，但假使你沒有適當保管你的牙刷，並且經常更換的話，那麼你的笑容將無法維持長久。根據美國牙醫協會，牙刷是可以躲藏細菌的，這些病菌來自於嘴巴，並且能夠隨著時間累積在牙刷裡。許多美國人一年才更換牙刷一兩次，然而，美國牙醫協會推薦每三到四個月就使用新牙刷，孩童的牙刷也許必須更頻繁地更換。

美國牙醫協會	American Dental Association (ADA)
躲藏	harbor
細菌	bacteria
累積	accumulate

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Brushing your teeth regularly will help you maintain a healthy smile. But that smile won't last long if you don't take proper care of your toothbrush and change a new one often. According to the American Dental Association (ADA), toothbrushes can harbor bacteria. These germs come from the mouth and can accumulate in toothbrushes over time.

Many Americans replace their toothbrushes only once or twice a year. The ADA, however, recommends using a new toothbrush every three to four months. Children's toothbrushes may need to be changed more frequently.