

中心：\_\_\_\_\_

姓名：\_\_\_\_\_

### 1120904 高中職生中翻英短文翻譯題目

Mandy 覺得自己太胖了，她決心要減重。現在天氣炎熱，是減重的好時機。她擬定了一些減重計畫，決定利用暑假期間好好執行。第一天，她運動完吃了早餐，她點了一杯豆漿、一個吐司加蛋，但她太餓了，又多點了一份蛋餅。看來她還要再重新研擬減重計畫，而減重最重要的就是飲食控制了。

擬定 draft    執行 execute    豆漿 soy milk    蛋餅 Chinese omelet

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### 1120904 高中職生中翻英短文翻譯參考答案

Mandy thought that she was too fat, so she determined to lose weight. It is very hot now, and it's a good time to lose weight. She drafted some weight loss plans and decided to execute them during the summer vacation. On the first day, she had breakfast after exercising. She ordered a cup of soy milk and toast with an egg. But she was too hungry, so she extra ordered a Chinese omelet. It seemed that she had to redraft the weight loss plans, and the most important thing to lose weight is to control diet.